

# FIH INTERNATIONAL UMPIRE FITNESS REPORT



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## The Olympic Games Panel, The World Cup Panel, The Pro League Panel, The Advancement Panel

To be forwarded to the FIH 1st February, 1st June and 1st October (officials@fih.ch)

Name	Yo-Yo test result level Target women 18.4 (1880m) Target men 19.6 (2280m)	Sprint results 45 metres men 6.5 sec 45 metres women 7.0 sec	Height (cm)	Weight (kg)	Hip Size (cm)	Waist size (cm)

## The International Elite Panel

To be forwarded to the FIH 1st October (officials@fih.ch)

Name	Yo-Yo test result level Target women 17.1 (1440m) Target men 18.1 (1760m)	Sprint results 45 metres men 6.5 sec 45 metres women 7.0 sec

## The Talent Development Panel, The International Panel

To be forwarded to the FIH AND CF 1st October (officials@fih.ch)

Name	Yo-Yo test result level Target women 16.1 (1120m) Target men 17.1 (1440m)	Sprint results 45 metres men 6.5 sec 45 metres women 7.0 sec

Date	
Name	
Position	
NA	
Signature	