



## **POSITION DESCRIPTION**

### **STRENGTH & CONDITIONING COACH INDIA JUNIOR WOMEN NATIONAL HOCKEY TEAM (Designated As Scientific Advisor as per Gov. of India appointments)**

#### **1. Position**

Scientific Advisor, Indian Junior Women National Hockey Team

#### **2. Role**

Perform the role of Scientific Advisor, Indian Junior Women National Hockey Team

#### **3. Term of position:**

The successful applicant will be engaged by Hockey India / Sports Authority of India on a contract up to 31 December 2021, subject to the satisfactory completion of a 6 month probation period.

#### **4. Salary package:**

An attractive salary package is available to the right candidate, dependent on experience and background

#### **5. Reporting:**

Director, High Performance Hockey India, Coach Indian Junior Women Hockey Team and Sports Authority of India

#### **HOCKEY INDIA**

Hockey India (HI) is the National Sports Federation for the sport of Hockey in India. Hockey India is affiliated to the International Hockey Federation, Asian Hockey Federation and Indian Olympic Association.

Hockey India has the responsibility to develop and manage the national teams programmes and works in close coordination with the Sports Authority of India (SAI) in the delivery of the national teams programmes across senior and junior hockey.

## **SPORTS AUTHORITY OF INDIA**

The Sports Authority of India (SAI) is a body set up by the Government of India. The objectives of SAI are to promote and broad-base sports in the country and to implement schemes/programmes for achieving excellence in sports in different disciplines at international level in order to establish India as a major sporting power. It also act as an interface between the Ministry of Youth Affairs & Sports and other agencies concerned with the promotion/ development of sports in the country on the other hand, i.e., State Govt., U.T. Administration, IOA, National Sports Federations, Sports Control Boards, Industrial Houses, etc.

### **ROLE SUMMARY**

Reporting to the High Performance Director, Hockey India and the Indian Junior Women Hockey Team Coach, the Scientific Advisor will be responsible for the physical preparation of the Junior Women Athletes leading the national junior women team to the Junior Women World Cup 2021, with a view to achieving success.

### **RESPONSIBILITIES**

#### **1. REPORTING AND COMMUNICATION**

This position also works closely with:

- Hockey India management team and Executive Board
- Coaches and support staff for senior, junior women and sub junior women
- Sports Authority of India
- Sports Authority of India Centre staff
- High Performance and Development Committee members
- Hockey India Selection Committee

The Scientific Advisor will be required to submit regular reports to management on the physical status of the national teams and core probable programme activities plans.

#### **2. KEY RESPONSIBILITIES**

- Be responsible for the Physical preparation of the Indian National Junior Women Squad and individual team members.
- Monitor and evaluate athlete performance monthly using relevant testing to ensure standards are met.
- Utilise coaches throughout the system to assist with the monitoring and physical development of athletes in the regions.
- Design a periodised training program that accounts for domestic and international tournaments.

- Work with the Masseur and Physiotherapist to ensure recovery procedures are in place.
- Drive the provision of support services to the team, squad and individuals.
- Provide sport science direction for the Indian National Junior Programme.
- Help the development of performance culture and leadership within the squad.
- Supervise injury rehabilitation sessions to ensure successful transition from injury to practice

### **3. ADMINISTRATION**

- Provide monthly written reports and KPI data to the High Performance Director, Coach Indian Junior Women Hockey Team and Hockey India Management following all international events as well as providing programme reports as required.
- Conduct other duties as directed by Director High Performance, CEO, Hockey India Executive Board or Sports Authority of India.
- Provide orders for supplements and advance of every camp / tour.

### **4. QUALIFICATIONS AND EXPERIENCE**

- Minimum undergraduate degree in Sport Science. A Level II Certificate in Strength and Conditioning is also recommended.
- Experience and proven capability in the physical conditioning of elite level athletes.
- Demonstrated experience in planning, organising and implementing a comprehensive high performance conditioning programme for elite level teams and athletes.
- Knowledge of leading trends in performance coaching and sports science and the appropriate application of leading technology tools.
- The ability to attain excellence from players through the establishment of a 'winning' culture.
- Effective management skills that reflect your ability to build and successfully implement long-term strategic plans that are supported by informed operational decisions.
- Experience of working in a team environment to achieve success

### **5. MINIMUM SKILLS SET**

- In-depth understanding and application of the principles of sport science.
- Well developed liaison, interpersonal, oral and written communication, and people management skills.
- Good leadership skills.
- Outstanding communication skills – verbal and written.
- Sound administration skills.
- Self motivated and able to work independently and as part of a team.
- Efficient and organized with strong awareness of self and self management.
- Demonstrated success in managing individual differences and group dynamics
- Demonstrated ability to exercise sound judgement, observe confidentiality and

use discretion and initiative.

- Excellent observational and analytical skills.
- Ability to thrive in a pressured environment of irregular and long hours, and capacity to travel domestically and overseas for extended periods.

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Applications should be submitted via email and include a cover letter **addressing the Qualifications & Experience and the Minimum Skills Set outlined in the Position Description** as well as a current resume.

Applications not addressing the Qualifications & Experience and Minimum Skills Set will not be considered.

Please forward your application to High Performance Director, Hockey India by **30 September 2018**.

**HOCKEY INDIA**

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